Golden Corral Family Menu with Prices & Calories 2026

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Family Meals

Item	Price	Calories
4 Person Fried Chicken Family Meal	$33.99	3878-5130
6 Person Fried Chicken Family Meal	$45.99	5816-7599
4 Person Bourbon Street Chicken Family Meal	$33.99	3450-4675
6 Person Bourbon Street Chicken Family Meal	$45.99	5174-6975
4 Person Pot Roast Family Meal	$45.99	2534-3759
6 Person Pot Roast Family Meal	$62.99	3800-5583
4 Person Meatloaf Family Meal	$45.99	1626-2851
6 Person Meatloaf Family Meal	$62.99	2438-4221
4 Person 5 oz. Sirloin Steak Family Meal	$45.99	2022-3247
6 Person 5 oz. Sirloin Steak Family Meal	$60.99	3032-4815
4 Person Baked Fish Family Meal	$35.99	2266-3491
6 Person Baked Fish Family Meal	$47.99	3389-4101
4 Person Fried Fish Family Meal	$35.99	2364-3571
6 Person Fried Fish Family Meal	$47.99	3518-5301

Individual Meals

Item	Price	Calories
Fried Chicken	$11.99	933-1253
Pot Roast	$12.99	597-917
Bourbon Street Chicken	$10.55	826-1146
Meatloaf	$12.99	370-690
5 oz. Sirloin Steak	$12.99	469-789
10 oz. Sirloin Steak	$15.49	1510-1800
Fried Fish	$12.99	550-870
Baked Fish	$11.99	530-850
Baked Chicken	$11.99	816-1146

Combo Meals

Item	Price	Calories
Fried Chicken Combo Meal	$13.99	943-1623
Pot Roast Combo Meal	$14.99	607-1287
Meatloaf Combo Meal	$14.99	370-1060
Bourbon Street Chicken Combo Meal	$13.99	836-1516

Kids Meals

Item	Price	Calories
Chicken Tenders Kids Meal	$4.99	210-320
Grilled Cheese Kids Meal	$4.99	350-430
Fried Chicken Kids Meal	$2.99	200-325

Golden Corral Family Value Meals

Item	Price	Calories
Grilled Chicken Tenders Family Value Meal	$19.99	–
Golden Delicious Shrimp Family Value Meal	$19.99	–
Grilled Chicken Tenders And Golden Delicious Shrimp Family Value Meal	$19.99	–
Hand-Breaded Chicken Tenders Family Value Meal	$19.99	–
Fried Chicken Meal Family Value Meal	$19.99	933-1253

Signature Salads

Item	Price	Calories
Cobb Salad Individual Pack	$8.99	860-1100
Cobb Salad Family Pack	$12.99	1520-2750
Chicken Caesar Salad Individual Pack	$6.00	510-880
Chicken Caesar Salad Family Pack	$12.99	1090-2320
Garden Salad Individual Pack	$8.99	350-720
Garden Salad Family Pack	$12.99	770-2000

Sides

Item	Price	Calories
Baked Potato	$2.49	160-210
Family Size Mashed Potatoes & Gravy	$6.99	970
Family Size Macaroni & Cheese	$6.99	1010
Family Size Green Beans	$3.99	560
Family Size Buttered Corn	$6.99	790
Family Size Baked Beans	$6.99	890
Family Size Coleslaw	$6.99	540
Family Size Steamed Broccoli	$4.99	158

Desserts

Item	Price	Calories
Slice Carrot Cake	$1.99	240
Whole Carrot Cake	$14.99	3640
Slice Cheesecake	$1.99	210
Whole Cheesecake	$11.99	3410
Slice Chocolate Cake	$1.99	210
Whole Chocolate Cake	$11.99	3340
Slice Apple Pie	$1.99	330
Whole Apple Pie	$10.29	3650

Beverages

Item	Price	Calories
Minute Maid Lemonade (32 oz.)	$3.49	370
Half Gallon Sweet Tea	$4.79	675
Gallon Sweet Tea	$8.39	1350
Diet Coke (32 oz.)	$3.49	0
Barq's Root Beer (32 oz.)	$3.49	430
Coca-Cola (32 oz.)	$3.49	430
Fountain Beverage (32 oz.)	$4.29	0-430

Prices, calories and hours can be different at your location and change over time. Check your local restaurant or the official app for the latest details.