Denny's Breakfast Menu with Prices & Calories 2026

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Signature Slams

Item	Price	Calories
Original Grand Slam	$12.99	620-1730
Build Your Own Grand Slam	$12.99	360-1980
All-American Slam	$14.99	730-1310
Lumberjack Slam	$14.69	1020-2660
Fit Slam	$13.69	410-420
Super Slam	$9.99	810-1950
Everyday Value Slam	$6.99	560-1480
French Toast Slam	$14.79	860-1270
Berry Waffle Slam	$18.59	1110-1520
Berry Stuffed French Toast Slam	$17.79	1090-1500

Steak & Eggs

Item	Price	Calories
Country Fried Steak & Eggs	$16.39	760-1670
T-Bone Steak & Eggs	$20.39	860-1740
Sirloin Steak & Eggs	$15.59	710-1590

Omelettes

Item	Price	Calories
Ultimate Omelette	$16.29	780-2320
Philly Cheesesteak Omelette	$16.39	760-2230
Mile High Denver Omelette	$14.39	720-2190
Moons Over My Hammy Omelette	$14.29	730-2190
Loaded Veggie Omelette	$14.89	770-2240

Pancakes & French Toast

Item	Price	Calories
Stack of Pancakes	$2.00	450
Stack of Cinnamon Roll Pancakes	$5.99	1100
Stack of Choconana Pancakes	$5.99	840
Berry Waffles	$8.79	890
Berry Stuffed French Toast	$8.39	870
French Toast	$2.49	260
Strawberry Crepes	$8.29	530
Double Berry Banana Pancake Slam	$13.69	740-1440

Breakfast Sandwiches & Handhelds

Item	Price	Calories
Grand Slamwich	$14.99	1230-1620
Moons Over My Hammy	$13.89	1150-1540
Breakfast Melt	$9.99	700-900
Sausage Breakfast Sandwich	$8.99	650-850
Grilled Ham & Egg Slice	$4.49	110

Healthy & Light Choices

Item	Price	Calories
55+ Scrambled Egg & Cheddar Breakfast	$8.39	840-1730
55+ Omelette	$9.39	760-1130
Build Your Own Omelette (light fillings)	$12.99	variable
Turkey Bacon Plate	$10.99	approx. 500
Side of Egg Whites	$2.59	40
Seasoned Red-Skinned Potatoes (Side)	$3.79	250
Fresh Seasonal Fruit (Side)	$3.49	approx. 70

Kid's Breakfast Menu

Item	Price	Calories
Jr. Grand Slam	$6.19	170-670
Jr. Waffle Slam	$6.89	560-800
Jr. Chocolate Chip Pancakes	$5.99	255-620
Hearty 9-Grain Pancake Slam	$4.19	730
Stack of Double Strawberry Pancakes	$5.99	490

Sides & Extras

Item	Price	Calories
English Muffin	$3.39	180-190
Sausage Gravy	$0.99	90
Seasoned Red-Skinned Potatoes	$3.79	250
Bacon Strips (2 pcs)	$4.49	90-150
Hash Browns (single serving)	$3.49	280

Beverages & Treats

Item	Price	Calories
Endless Coffee	$2.79	5
Hot Chocolate	$3.49	190
New! Peppermint Mocha Cold Brew	$6.69	490
New! Salted Caramel Cold Brew	$6.69	410
New! Peppermint Hot Chocolate	$3.49	310
Dasani Bottled Water	$0.99	0

Prices, calories and hours can be different at your location and change over time. Check your local restaurant or the official app for the latest details.